PERSONAL & SOCIAL DEVELOPMENT

Syllabus for Primary Schools

YEAR 6

LEARNING OUTCOMES

for

YEAR 6

6.1 GROUP BUILDING	6.2 MYSELF	6.3 RELATIONSHIPS	6.4 HEALTH AND SAFETY	6.5 CLOSURE
6.1.1 Getting To Know Each Other	6.2.1 Being Different	6.3.1 Getting Older	6.4.1 Problem Solving	6.5.1 This Year
6.1.2 Being Responsible For The School Environment	6.2.2 Teamwork And Leasdership	6.3.2 Emotional Changes	6.4.2 Decision Making	6.5.2 Evaluation
6.1.3 Taking Care Of Each Other	6.2.3 People In Charge	6.3.3 Physical Changes	6.4.3 Responsibility For Learning	6.5.3 Looking Forward
6.1.4 Ground Rules	6.2.4 Environment	6.3.4 Sexual Changes	6.4.4 Transitions	6.5.4 Goodbye
		6.3.5 Gender		
		6.3.6 Love		
		6.3.7 Having Babies		
		6.3.8 Personal Safety		

PROGRAMME

for

YEAR 6

6.1   Group Building:

Learning Outcomes	Notes
6.1.1 Getting To Know Each Other	• To help children to get to know each other's names • To help children get acquainted with their teacher.
6.1.2 Being Responsible For The School Environment	• To strengthen children' sense of belonging to their class and school. • To help children develop skills on how to maintain a healthy school and class environment.
6.1.3 Taking Care Of Each Other	• To foster in children a positive attitude towards teamwork. • To make children aware of the importance of helping others during teamwork. • To introduce the need of rules during teamwork.
6.1.4 Ground Rules	• To consider the importance of having and respecting rules. • To help children come up with ideas of what they need to do to take care of their classmates so that every member enjoys the lesson. • To become aware of the fact that there are consequences to breaking rules.

6.2   Citizenship:

Learning Outcomes	Notes
6.2.1 Being Different	• To explore how and why some people are labelled. • To define what prejudice is. • To identify ways of how to work against prejudice and what the children can do to include people who are different
6.2.2 Teamwork And Leadership	• To become aware of what leadership is. • To identify why people are considered as leaders. • To describe what makes a good leader in the group.
6.2.3 People In Charge	• To introduce what is democracy. • To understand what voting is and how to vote.
6.2.4 Environment	• To identify ways of how to be environmentally friendly. • To help children think globally yet act on a local level.

6.3   Growing Up:

Learning Outcomes	Notes
6.3.1 Getting Older	• To help children develop an understanding of how people change from birth to adulthood. • To explore in what ways they have changed.
6.3.2 Emotional Changes	• To help children realise that mood changes are part of their development. • To make children aware of how their changing moods are going to affect the relationships they have.
6.3.3 Physical Changes	• To define what puberty is. • Revision of male and female body parts • To identify the physical changes that are associated with puberty. • To reinforce that physical changes also mean sexual changes
6.3.4 Sexual Changes	• To explore their knowledge and to understand the basic workings of the male and female reproductive system. • To identify the changes that take place during puberty. • To develop an understanding of the importance of personal hygiene especially, during puberty.
6.3.5 Gender	• To explore friendships between boys and girls and the mutual respect that should exist. • To have children reflect on the roles of both genders as carers.

Learning Outcomes	Notes
6.3.6 Love	• To help children understand the importance of intimacy as a way in which couples show their feelings towards each other. • To explore the responsibilities linked with being part of a loving relationship.
6.3.7 Having Babies	• To learn about where babies come from. • To explore the responsibilities related to having and bringing up a baby.
6.3.8 Personal Safety	• To link personal safety with protection from abuse (sexual, verbal, and physical). • To explore appropriate touching and appropriate behaviours re abuse. E.g. exhibitionism, pornography, verbal abuse, etc.

6.4   Practical Skills:

Learning Outcomes	Notes
6.4.1 Problem Solving	• To help children identify various problems faced by children at this particular development stage and to learn how to solve these problems creatively.
6.4.2 Decision Making	• To learn how to make better use of their time. • To understand how to make better use of their leisure and free time (i.e. sports).
6.4.3 Responsibility For Learning	• To identify the difficulties children face during exams. • To learn how to relax before an exam.

Learning Outcomes	Notes
6.4.4 Transitions	• To explore the positives and negatives of change and transition. • To help children adjust to change and transitions.

6.5   Closure:

Learning Outcomes	Notes
6.5.1 This Year	• To explore what was special about this last year. • To reflect on the experience of their sixth year at school.
6.5.2 Evaluation	• To consider the changes that they have undergone during the year. • To allow them to express their feelings about this year.
6.5.3 Looking Forward	• To allow them to express their feelings about ending this school year and moving to Secondary School/ Year 7.
6.5.4 Goodbye	• To share how they are going to spend the holidays • To wrap up the year and create a healthy parting atmosphere.

YEAR 7

LEARNING OUTCOMES

for

YEAR 7

7.1	GROUP BUILDING	7.2	SELF	7.3	PRACTICAL SKILLS	7.4	RELATIONSHIPS AND CITIZENSHIP
7.1.1	Getting To Know Each Other	7.2.1	Feelings	7.3.1	Learning Styles	7.4.1	Relationships With Caregivers
7.1.2	Ground Rules	7.2.2	Dealing With Negative Emotions	7.3.2	Study Skills	7.4.2	Friendship
7.1.3	Teamwork	7.2.3	Trying Again	7.3.3	Time Management	7.4.3	Assertiveness
7.1.4	Cooperation	7.2.4	Self Esteem	7.3.4	Stress Management	7.4.4	Conflict

7.5	GROWING UP	7.6	SAFETY	7.7	CLOSURE
7.5.1	Gender	7.6.1	With Others	7.7.1	Looking Forward
7.5.2	Feeling Different	7.62	At Leisure	7.7.2	Goodbye
7.5.3	Mood Changes				
7.5.4	Puberty				

PROGRAMME

for

YEAR 7

7.1   Group Building:

Learning Outcomes	Notes
7.1.1 Getting To Know Each Other	• To create a safe working atmosphere. • For children to get to know each other's names • To help children get acquainted with their teacher.
7.1.2 Ground Rules	• To evaluate the importance of having rules. • To reassess school rules. • To establish ground rules for a positive working atmosphere.
7.1.3 Teamwork	• To appreciate the uniqueness of each member in the group. • To recognise that different people have different abilities which contribute to a successful whole. • To consider the importance of working in a team to consider the advantages and disadvantages of working in a team.
7.1.4 Cooperation	• To help children consider the important of co-operating with each other. • To assess the effect co-operation has on their working outcome. • To appreciate that co-operation is vital.

7.2   Self:

Learning Outcomes	Notes
7.2.1 Feelings	• To become aware that there are different ways through which feelings are expressed. • To re-enforce the importance of being in touch with their feelings. • To help children develop skills for expressing their positive feelings.
7.2.2 Dealing With Negative Emotions	• To identify different emotions. • To distinguish how negative emotions effect us. • To come up with different ways for dealing with these emotions.
7.2.3 Trying Again	• To give children the opportunity to express how they are feeling about repeating year six. • To consider ways of dealing with these feelings.
7.2.4 Self Esteem	• To help children focus on themselves as unique human beings. • To help children to identify their personal abilities. • To help children appreciate their abilities and demonstrate these abilities.

7.3   Practical Skills

Learning Outcomes	Notes
7.3.1 Learning Styles	• To instil in children the importance of identifying their personal learning styles. • To help children identify their personal learning styles. • To help children develop practical skills more suitable to their learning styles.
7.3.2 Study Skills	• To help children identify personal study methods. • To develop ways for improving personal study methods. • To help children put new methods into practice.
7.3.3 Time Management	• To help children appreciate the need for proper time management. • To help children assess how they are managing their time. • To help children develop ways for managing their time better.
7.3.4 Stress Management	• To understand what stress is and how it effects one's life. • To understand how anxiety effects their studies. • To develop skills on how to deal with stress.

7.4   Relationships And Citizenship

Learning Outcomes	Notes
7.4.1 Relationships With Caregivers	• To explore their relationship with their carers. • To consider the responsibilities they have in these relationships.
7.4.2 Friendship	• To identify the importance of keeping and making new friends. • To consider skills for creating positive friendships. • To deal with loosing friends.
7.4.3 Assertiveness	• To make children aware that it is acceptable to say NO. • To help children communicate this in an assertive way. • To help children transfer assertiveness skills to their social groups.
7.4.4 Conflict	• To help children identify conflict management skills. • To give children an opportunity to practice these skills within a safe atmosphere. • To help children transfer these skills to their social groups.

7.5 Growing Up:

Learning Outcomes	Notes
7.5.1 Gender	• To identify what role they take as a girl or a boy. • To explore the influence media has on their decisions.
7.5.2 Feeling Different	• To explore how they feel now that they are growing up. • To explore how they look at themselves (body image).
7.5.3 Mood Changes	• To become aware of how their development is effecting their mood. • To identify ways or methods by which to manage their moods.
7.5.4 Puberty	• To further explore the physical and sexual changes taking place in their body. • To emphasise the importance of personal hygiene.

7.6 Safety:

Learning Outcomes	Notes
7.6.1 With Others	• To explore further the issues of safe people and safe places. • To identify why we need to take care of ourselves. • To identify ways of how to prevent dangerous situations.
7.6.2 At Leisure	• To be aware of the consequences of dangerous play. • To identify ways on how to reduce danger during play.

7.7　Closure:

Learning Outcomes	Notes
7.7.1　Looking Forward	- To review the changes that one has undergone during this year. - To allow one to express ones feelings about this year
7.7.2　Goodbye	- To express one's feelings about ending this year and moving to Secondary Schools. - To wrap up the year and create a healthy parting atmosphere.